

Facility: Edmonton Islamic Academy - S

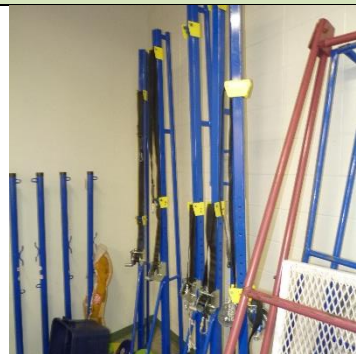
Last Updated: Sep 18, 2024
Who: MK

Address: 14525 127 St

Contact/Caretaker: Sahar Deeb / Eman - 780-909-9957



Taken from one corner of the gym



Volleyball posts

General Information

Parking: Parents may **NOT** park in any reserved parking stall **AT ANY TIME**. Parents can park in the gym parking lot at the back on the building on the East side. To access this parking lot, turn onto 145 Ave from 127 St.

Entrance: Players should enter from the gym entrance along the East side of the building. The gym doors are labelled for gym access. The doors are on an automatic locking system and will only open 10 minutes before the rental time begins. Players should leave outdoor footwear at the entrance.

NEW FOR WINTER 2022: Please use new boot racks instead of leaving shoes on mat.

Gym Location: The gym entrance is directly inside the doors and then left down the hall from the parking lot. The entrance will be on the right. The gym right at the building entrance is the large gym.

Changeroom/Washroom: Players **MUST** change in the washrooms. If caught changing in the gym they will be asked to leave the facility. Washrooms are straight down the hall from the entrance and will be on the left.

Floor: The floors have been recently renovated. If dusty, please ask the facility attendant for a micro-fiber broom.

NOTE: Using the bathroom ablution areas as urinals is prohibited. Signs are up and this area is used for washing prior to prayers. Using as a urinal is unsanitary for those using for prayer washing.

Equipment

Sport Specific Equipment Location and details: Soccer nets, and volleyball equipment are located in the storage room which is in the small gym. The volleyball nets will be hung on the wall outside of the storage room. To access the storage room there should be a floor supervisor who is available to unlock the room at the booking time. Make sure that both net bags are locked up with the small combination locks. 429 is the code for both. For the soccer bags, line up the zippers and put the lock through them.



www.EdmontonSportsClub.com
17406 106a Ave, Edmonton, AB, T5S 1E6
780.429.GAME(4263)

Facility: Father Michael Mireau J.H.S

Last Updated: Sep 19, 2018
Who: PA

Address: 3010 Spence Wynd SW

Contact/Caretaker:



Taken from Northeast corner



Taken from Southwest corner



Badminton posts



Badminton and Volleyball nets

General Information

Parking: Players may park in the lot on the North east side of the building.

Entrance: Players should enter from the main entrance on the Northeast side of the building. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the entrance the gym is straight ahead.

Change room/Washroom: Players can change in the washrooms that are located inside the gym on the west wall.

Floor: The floor is composite. Badminton lines are white, Volleyball lines are blue.

Equipment

Sport Specific Equipment Location and details: The posts and nets for both Badminton and Volleyball can be found in the storage room. To remove the post-hole coverings, use the "backscratcher" found on the wall beside the Badminton posts.

Gym Set-up

Badminton

Step 1: Remove the post-hole coverings with the backscratcher.

Step 2: Set-up the posts in the holes.

Step 3: String the nets across the top of each post and adjust the sleeve to the appropriate length to wrap the strings of the nets around.

Step 4: Tie the strings of the nets to the hooks on the sleeves.

Step 5: Twist posts to tighten nets.

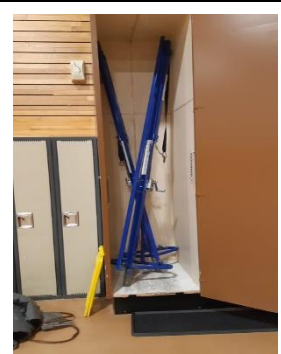
Set-up Diagram

Facility: ACT Aquatic & Rec Centre

Last Updated: Sep 18, 2024
Who: MK

Address: 2909 – 113 Ave

Contact/Caretaker: City of Edmonton



Taken from southwest corner

Taken from east wall

Volleyball nets on northwest wall

Volleyball posts in cabinets

General Information

Parking: Players may park in the lots located on the North and West sides of the building

Entrance: Players should enter from the main entrance on the East side of the building. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the entrance, the gym is straight ahead.

Change room/Washroom: Players can change in the changerooms located just to the right of the gym entrance. If there are questions about the changerooms, please ask the person at the front desk.

Floor: Floor is concrete with the volleyball lines being blue and the basketball lines being black.

Equipment

Sport Specific Equipment Location and details: The volleyball nets will be hanging in the Northwest corner of the gym. The volleyball posts will be in cabinets that need to be opened by the front desk person. These cabinets are to your immediate right as you enter the gym. Ensure the custodian opens the cabinet labelled '**double volleyball**'. There will be four blue posts that make up 2 courts. There will be ropes that run from the crank to either the top of the net or the bottom of the net. For each court, one of the posts will have a crank that tightens the top and the other will tighten the bottom. For the posts that crank the top, there will also be a rope/cable that attaches to the bottom. For the post the cranks on the bottom there will be a rope/cable that attaches to the top. For the basketball hoops, get the front desk attendant to lower them for you.

Gym Set-up

Volleyball

Step 1: Take a blue pair of posts to set up one court and do the same for the other court. Use the highest hole.

Step 2: Have the cranks for the top rope on the outer post holes.

Step 3: Ensure the rope is threaded through the pulley before clipping the net.

Step 4: The net with the wires attached on one side is for the blue posts.

Step 5: Once the nets are attached use the cranks to tighten the ropes.

Basketball

Court Lines: Black basketball court lines easily identifiable in this gym.

Player Benches: Players can sit on the large benches against any wall, outside of the area of play.



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