

T-Ball Resources

Welcome to your coaching resource guide for t-ball! This document is designed to support your development as a coach by providing easy access to resources like videos and other tools that break down key skills and techniques of the sport. The links and materials included here will help you teach the game with confidence, clarity, and consistency.

VIDEO LINKS:

SKILL	VIDEO LINK
Throwing	Approach to Throwing in T-Ball Throwing for Beginners
Catching	T-Ball Catching - High 5's T-Ball Catching - Rainbows T-Ball Fielding a Ground Ball
Batting	T-Ball Swing Batting Grip Batting Stance
Baserunning	Baserunning Basics